



**INTERPERSONAL COMMUNICATION IN SHAPING THE FAMILY
CONCEPT SAKINAH, MAWADDAH, WARAHMAH**

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Abstract

Supportive attitude is the key to success in creating the concept of the Sakinah, Mawaddah, Warahmah family. The attitude of understanding and accepting with positive thoughts from something so that all external stimuli can be received without affecting emotions. Trust is a self-concept, namely a person's belief in himself to trust others because it has an important element in creating the concept of the Sakinah, Mawaddah, Warahmah family. The obstacles encountered in communicating between husband and wife to create the concept of the Sakinah, Mawaddah, Warahmah family are: Emotions, Fear, Anxiety. These three elements affect attitudes when communicating with partners who are motivated by different situations and conditions. The results of this study indicate that effective communication used by family couples in Jombang Regency in forming the concept of the Sakinah, Mawaddah, Warahmah family is interpersonal communication that is effective communication used by family couples in Jombang Regency in forming and fostering the concept of a sakinah family is interpersonal communication. that are open, empathetic, mutually supportive, positive and have equality. The coaching efforts carried out by the two family couples are maintaining a relationship with God by maintaining prayer, putting a problem in deliberation and trying to understand each other, carrying out each other's responsibilities with sincerity, instilling noble character in children from a young age and keep in touch with relatives and neighbours.

Keywords: *Interpersonal Communication, Harmonization and Family*

INTRODUCTION

Marriage according to Law No. 1 of 1974 article 1 is "The inner birth bond between a man and a woman as husband and wife with the aim of forming a happy and eternal family based on Almighty Godhead". Another definition according to KHI is more emphasized which reads "Marriage according to Islamic Law is marriage, which is a very strong contract or *mitsaqan galidzan* to obey Allah's commands and carry them out is worship".

Marriage for mankind is something that is very sakral and has a very noble purpose again holy, and is inseparable from the provisions that have been set by the shari'a of the Islamic religion. The covenant that a Muslim makes to make a Muslim woman become *ist'ri*, is a promise made in the name of Allah, the purpose of marriage is to form a happy family full of peace of love and affection (Muallimah, 2020).

Communication is a basic human activity. By communicating, humans can connect with each other both in everyday life and in the household or family or community. Effective communication is very important in the family because marital ties always require harmonious communication to get calm and happiness.

DISCUSSION

Interpersonal Communication

Interpersonal communication is the process of sending and receiving messages between two people or between a small group of people with some effect and some instantaneous feedback. After going through the interpersonal process, the messages are conveyed to others, the process of exchanging information between someone and someone else or usually between two people who can be immediately known back. With the increase of people involved in communication, the communication becomes more complex.

The function of interpersonal communication or interpersonal communication is to try to improve human relationships, avoid and overcome personal conflicts, reduce the uncertainty of something, as well as various knowledge and experiences with others. To grow and improve interpersonal relationships it is necessary to improve the quality of communication by improving relations and cooperation between various parties.

Family Communication

Family communication is an important part of marital life to find out how the couple feels, the couple's abilities or conditions, and create common desires and goals. Communication in marriage is carried out to provide responses and understand the words of the couple through communication carried out.

Joseph A. De Vito posited that effective communication contains characteristics of openness, empathy, support, a sense of positivity and equality. In a relationship, these five things are very important to be applied in a married couple relationship where mutual openness, empathy, support, positive feelings and equality can support the quality of communication between married couples towards a harmonious and sakinah family.

Communication in the family has a very important role in realizing a happy family, a happy family is not only met with primary and secondary needs in domestic life (clothing, food and board needs). However, communication is also an important means of conveying the intention or goal to family members and this needs to be fostered and preserved its smoothness and effectiveness and daily life that is carried out.

Communication

Montgomery (1981) explained that effective communication is the level of the couple's ability to establish interpersonal relationships in the family, give responses, be able to understand the couple's words and maintain understanding through communication. Daradjat (in Hisbullah, 2007) added that effective communication between husband and wife makes interpersonal relationships good so that harmony can be realized in marriage which is aimed at mutual understanding, mutual acceptance, mutual respect, mutual trust, and mutual love between husband and wife. However, interpersonal relationships are not only determined also by the quality of communication (Tailor, in Rakhmat 1996).

Based on the description above, it can be concluded that marital communication is an important part of marital life to find out how the couple feels, the couple's abilities or conditions, as well as creating a common desire and goal in commitment. In addition, communication in marriage is to respond and understand the words of the couple through the communication carried out. Effective marital

communication between husband and wife makes interpersonal relationships good, so that harmony can be realized in marriage.

Family

In a real family, Communication is something that must be fostered, so that family members feel the bond that exists in it and need each other. The family is the most important primary group in society, formed from the relationship of men and women, the relationship of this thing that lasts the least long to create and raise children. The family in its pure form is a social unity consisting of father, mother and children (Murdok 1949 quoted by Dloyana, 1995:11).

The purpose of marriage is to achieve pleasure, romance and affection and also to connect offspring and to preserve self-chastity from the temptations of lust.

Sakinah

Sakinah according to language means peace, tranquility, tranquility, and happiness. In a marriage, the notion of sakinah means to build or build a household full of peace, tranquility, tranquility and always be happy.

The sakinah family according to Law Number 1 of 1974 concerning the purpose of marriage is also explicit with the word happy, which reads: "The inner birth bond between a man and a woman as a husband and wife with the aim of forming a family, a happy and eternal household based on the One True Godhead". In the end, marriage is intended so that every man and woman can obtain happiness.

The sakinah family is described in the Compilation of Islamic Law (KHI) about the purpose of marriage in article 3, namely marriage aims to realize a sakinah, mawaddah, warahmah home life. One of the principles or principles listed in the marriage law on the purpose of marriage is to form an eternally happy family. The purpose of this marriage can be elaborated into three things. First, husband and wife need to help each other and complement each other. Second, in order for each to develop his personality, the husband and wife must help each other. Third, the last goal that the Indonesian family wants to pursue is a happy family that prospers spiritually and materially.

The sakinah family is a quiet and peaceful, harmonious, and peaceful family. In the family there is an intimate and harmonious relationship, between all family members with tenderness and affection. The level of family harmony has a great influence on the order of people's lives in religion, nation and state. It can even be said that the family is a barometer and mirror to measure the success and failure of a society or nation. If the family institutions are harmonious and harmonious, eating will support the prosperity and welfare of the community, on the contrary, if the families in the community are damaged, then it is only a matter of waiting for the moment of destruction of a Nation and State.

Mawaddah

Mawaddah according to the language means love or hope. In a marriage, love is an important thing that must be present and always present in a married couple. And mawaddah means always loving both when happy and sad.

Warahmah

Warahmah has the root word rohmah which means affection and the word wa here is only as a conjunction that means and. In a family, affection is an important thing that must exist and always be maintained so that the dream of becoming a happy family can be achieved.

If the meanings of sakinah, mawaddah, warahmah combined mean a family that is always given peace, tranquility, always full of love and affection. The main key to getting a sakinah, mawaddah, warahmah family is to straighten out our intention to have a family because we want to get Ridho from Allah. Many people have families with less upright intentions, so the family they cultivate will become a less happy family.

The Concept of Building a Sakinah Family

Based on the above understanding, the concept of an Islamic family is to design and form a sakinah, mawaddah, warahmah family in accordance with Islamic provisions. To build the concept of an Islamic family, namely a sakinah, mawaddah, warahmah family, it is necessary to have principles in the household. This principle is very important in its existence.

- a. There is a common commitment between husband and wife. That same commitment is to build a family that is sakinah, mawaddah, warahmah (QS. Al-Baqarah: 221, 230, QS. An-Nur: 320)
- b. Mutual respect and maintaining the dignity of each partner. Do not indulge in family and partner disgrace to others or other families (QS. Al-Baqarah: 187)
- c. The husband is the priest in the family. In charge of maintaining the integrity of the family and protecting the family (QS. An-Nisa: 34)
- d. Husband and wife are committed to mutual trust and involve all activities based on Islamic teachings
- e. The wife must also support all decisions taken by the husband in accordance with the teachings of Islam. The wife must also be sincere if the husband is devoted to both parents in accordance with the teachings of Islam (An-Nisa: 36)
- f.

CONCLUSION

The research that the author conducted was the role of interpersonal communication in creating family harmonization (Husband and Wife) in Jombang Regency. Based on the results and discussion of the research that has been described in the previous chapter, the author draws the following conclusions:

1. The efforts made by husband and wife in creating family harmonization in Jombang Regency are with the following attitudes:
 - a. Openness of self-disclosure: Through openness, it can create a harmonious relationship between husband and wife
 - b. Support: An attitude of support is the key to success in creating harmonization between husband and wife
 - c. Positive Attitude : The attitude of understanding and accepting with positive thoughts of something so that any stimulus from the outside can be received without affecting emotions
 - d. Trust: Self-concept is a person's trust in himself to trust others because it has important elements to create family harmonization
2. The obstacles encountered in communicating husband and wife in order to create family harmonization are:
 - a. Emotion
 - b. Fear
 - c. Anxiety

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